

National Behavioral Health Network

for Tobacco & Cancer Control

from NATIONAL COUNCIL FOR MENTAL WELLBEING

### Transformative Strategies for Person-centered Care: Bridging Tobacco-related Disparities for Justiceinvolved Individuals

Tuesday, July 30<sup>th</sup> 3-5 PM ET

#### Welcome from The National Behavioral Health Network Team!



Alex Hurst, MHA Director



**Yoon Choi,** PhD Director



Youlim Song Project Manager



Jasmine Feng Project Coordinator



National Behavioral Health Network

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### Housekeeping

This session is being recorded.

For audio access, participants can either dial into the conference line or listen through your computer speakers.

You can ask questions by typing them into the chat box or into the Q&A box.

Closed captioning can be accessed by turning on the closed captioning feature on the zoom dashboard.



from NATIONAL COUNCIL FOR

MENTAL WELLBEING

### A Note on Language & Terminology

- **Mental wellbeing:** Thriving regardless of a mental health or substance use challenge, which may also be referred to as a mental illness, substance use disorder, addiction or dependence.
- **Commercial tobacco use/tobacco use:** The use of commercial tobacco and nicotine products (including electronic nicotine devices, otherwise known as ENDs).\*
- \*All references to smoking and tobacco use is referring to commercial tobacco and not the sacred and traditional use of tobacco by some American Indian and Alaskan Native communities.



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### National Behavioral Health Network for Tobacco & Cancer Control

Jointly funded by CDC's *Office on Smoking* & *Health* & *Division of Cancer Prevention* & *Control* 

Provides resources and tools to help organizations reduce tobacco use and cancer among individuals experiencing mental health and substance use challenged

1 of 9 CDC National Networks dedicated to eliminating cancer and tobacco disparities in priority populations

Visit <u>www.BHtheChange.org</u> and Join Today!

#### Free Access to...

Toolkits, training opportunities, virtual communities and other resources

Webinars & Presentations

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#### Communities of Practice

Smoking Cessation Leadership Center



University of California San Francisco



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Center for Healthy Communities

#### Networking2Save: A National Network Approach to Promoting Tobacco and Cancer-Related Health Equity in Special Populations





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THE CENTER FOR BLACK HEALTH & EQUITY

- A consortium of nine national networks sponsored by the CDC's Office on Smoking and Health and Division of Cancer Prevention and Control.
- Our partnership provides leadership on and promotion of evidence-based approaches for preventing commercial tobacco use and cancer for priority populations on a national, state, tribal and territorial level.
- <u>https://www.cdc.gov/cancer/ncccp/related-programs/Networking2Save.htm</u>







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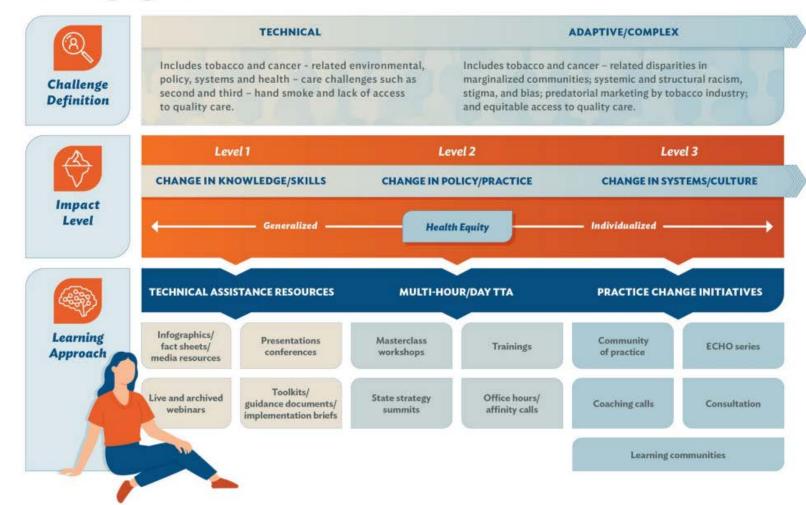
#### National Behavioral Health Network for Tobacco & Cancer Control

#### Learning Agenda



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### NBHN's learning agenda is designed to advance health equity by...





787 8←8 Reducing tobacco and cancerrelated disparities among individuals with mental health and substance use challenges.

Addressing social and political

that influence tobacco and

cancer-related disparities.

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Improving the availability, accessibility and effectiveness for cessation and counseling services.

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Implementing trauma-informed resilience oriented prevention and cessation messaging.



Strengthening, supporting and mobilizing communities and partnerships in tobacco control, cancer control and behavioral health.



Building a diverse and skilled tobacco control, cancer control and behavioral health workforce.



Building, championing, and implementing tobacco-free policies, plans and laws.



Promoting the improvement, access, and utilization of tobacco, cancer and behavioral health data.

#### Learning Objectives

•Increase their understanding of how tobacco-related disparities intersect with the mental health and substance use challenges justice-involved individuals face.

•Explore policy levers that can expand access to evidence-based approaches for tobacco control and treatment within carceral settings.

•Identify practical steps for engaging justice-involved individuals in tobacco cessation.



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### Today's Speakers



Chad Morris, PhD Director Behavioral Health and Wellness Program



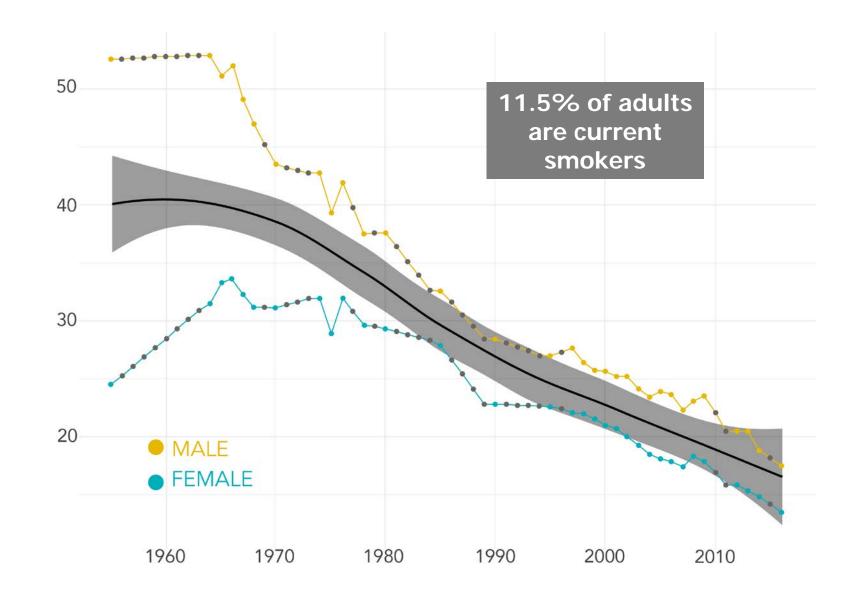
**Olga Bakun**, PT, DPT, MPH National Specialist, Health Policy American Lung Association



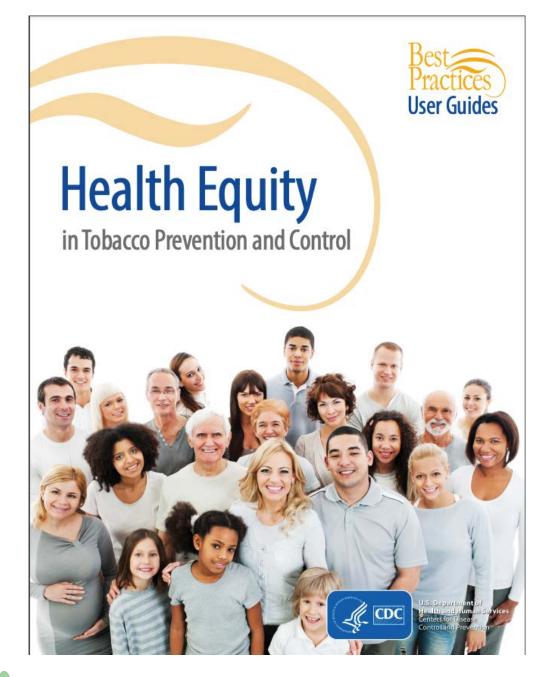
from NATIONAL COUNCIL FOR MENTAL WELLBEING



# Trends in U.S. Adult Smoking







- All people should be valued equally
- Health has a particular value for individuals
- Nondiscrimination and equality
- Rights to health and to a standard of living adequate for health



# **Tobacco Use Inequity**



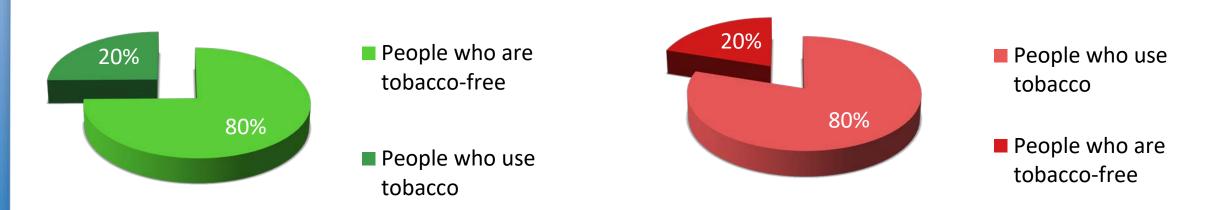
Source: CDC MMWR Jan 2018



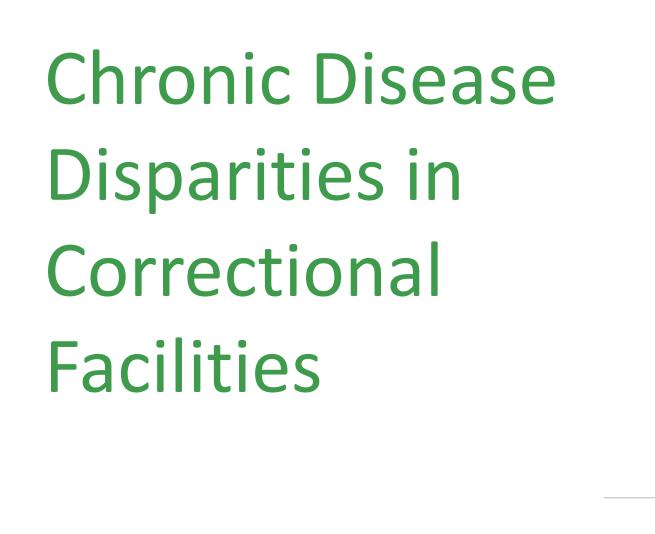
# Individuals Who Are Justice Involved: Any Tobacco Product

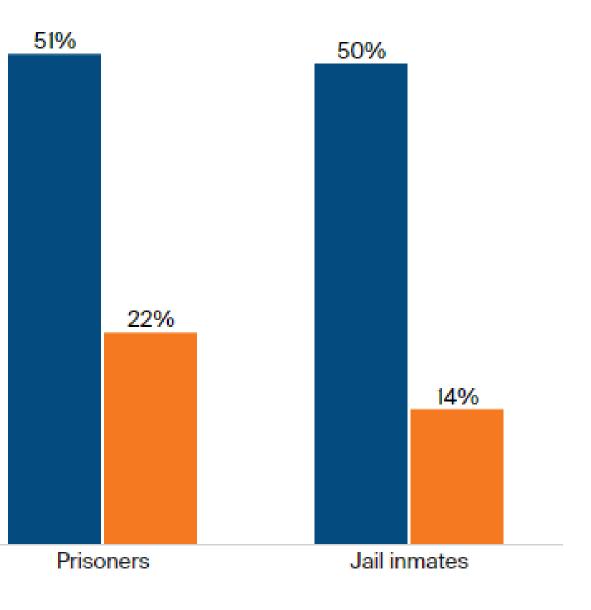
#### **General Population**

#### **Criminal Justice Population**



# The smoking rate among the justice-involved population is approximately **4-5 times** higher than the general population





🕨 Chronic condition 🥚 Infectious disease

Natasha Camhi, Dan Mistak, and Vikki Wachino, Medicaid's Evolving Role in Advancing the Health of People Involved in the Justice System (Commonwealth Fund, Nov. 2020)

## Trauma Defined

Trauma results from an **event**, series of events, or set of circumstances that is **experienced** by an individual as physically or emotionally harmful or life threatening and that has lasting adverse **effects** on the individual's functioning and mental, physical, social, emotional, or spiritual well-being.





#### ACEs Can Increase Risk for Disease, Early Death, and Poor Social Outcomes

Research shows that **experiencing a higher number of ACEs** is associated with **many of the leading causes of death** like heart disease and cancer.



 Suicidal thoughts and behavior

#### Behavioral Health & Wellness Program

Obesity

Diabetes

Kidney disease

Interest in Quitting

Drug Court Participants, Florida, 2015

# PRECONTEMPLATIVE 35% 35% CONTEMPLATIVE 19% PREPARATION % ACTIO

## Recovery

A process of change through which individuals improve their health and wellness, live a selfdirected life, and strive to reach their full potential.

Health- Home- Purpose- Community

"The objectives of health and medical services program for prisoners must include promotion of health, the prevention of disease and disability, the cure or mitigation of disease, and the rehabilitation of the patient....To achieve these goals set down above, medical care programs for prisoners must be equivalent in quality to the care which is available in the community."

- American Correctional Association, Manual of Correctional Standards 1966



# Why Cessation?

- Fastest route to justice in health outcomes
- Only route to health justice overall
- Fastest route to the elimination of commercial tobacco sales
- Mitigates the development and growth of illicit markets
- Reduces the necessity of complicated policy solutions directing smokers to alternative products
- Reduces the need for extensive enforcement mechanisms



July 30, 2024

### Opportunities to Improve Tobacco Cessation Coverage for the Justice-Involved Population

#### Olga Bakun, DPT, MPH

Please note: References to tobacco refer to commercial tobacco and not the sacred and traditional tobacco that may be used for ceremonial or medicinal purposes by some Tribal communities.

# **Learning Objectives**

- Identify strategies to advance health equity through policies that increase access to care for the justice-involved population.
- Describe how 1115 Reentry Waivers could be used to improve Medicaid coverage of tobacco cessation treatment for the justice-involved population.





- Background
- Access to Healthcare
- New Guidance
- Opportunities to Improve Coverage
- Issue Brief



# Background

- Most people want to quit
- Quitting reduces risk of premature death and chronic diseases like cancer, chronic obstructive pulmonary disease and stroke
- Evidence shows that comprehensive coverage of smoking cessation treatments increases the rate of successful quitting



## Background

#### **Comprehensive Tobacco Cessation Coverage**

Medications:

- Nicotine Replacement Therapy Gum\*
- Nicotine Replacement Therapy Patch\*
- Nicotine Replacement Therapy Lozenge\*
- Nicotine Replacement Therapy Inhaler
- Nicotine Replacement Therapy Nasal Spray
- Bupropion

Counseling:

- Individual
- Group
- Phone

\*Available over-the-counter; need a prescription for no cost-sharing

American

ssociation



### **Access to Healthcare**

- Correctional facilities are required to provide healthcare services
- Delivery of healthcare services varies among facilities
  - Provision of tobacco cessation treatment varies
- Evidence indicates many individuals go without necessary healthcare services in correctional facilities
- "Inmate Exclusion" policy bars Medicaid from covering healthcare costs during incarceration and results in individuals losing coverage
  - even when incarcerated for a short period of time



### **Access to Healthcare**

- All federal facilities have smokefree policies and many states have passed smokefree laws
- Up to 90% of individuals who quit tobacco use during incarceration relapse during community reentry
- Access to healthcare is important during community reentry about 80% of individuals who were formerly incarcerated are uninsured
- Forty states and D.C. have expanded Medicaid



o Most individuals who are incarcerated in these states would otherwise be eligible

## **CMS Guidance**

- The SUPPORT Act passed in 2018
- CMS released guidance on reentry section 1115 demonstration waivers describing how states can use them to provide Medicaid coverage 30-90 days before release from a correctional facility
  - 1. Case management
  - 2. Medications and counseling for substance use disorders
  - 3. Thirty-day supply of prescribed medications
- 1115 waivers could be used to provide Medicaid coverage of comprehensive tobacco cessation treatments for individuals who are incarcerated



## 2024 Consolidated Appropriations Act

- Requires states to suspend, rather than terminate, Medicaid coverage for individuals upon incarceration
  - o Effective January 1, 2026
- Directs the Secretary of Health and Human Services (HHS) to support states working to improve continuity of care for Medicaid-eligible individuals who are incarcerated
  - o Grant funding to improve Medicaid enrollment and renewal processes
  - o Guidance on Medicaid requirements, best practices and funding



# **Opportunities to Improve Coverage**

- Establishing data exchanges between correctional facilities and state
   Medicaid agencies to improve access to care in transition to the community
  - States can receive Medicaid funding through 1115 waivers to improve data exchanges
- Suspending, not terminating, Medicaid coverage during incarceration

o This is a condition of the 1115 waivers

- Beginning the Medicaid application process early
  - Per 1115 waiver guidance, this process should begin no later than 45 days prior to release

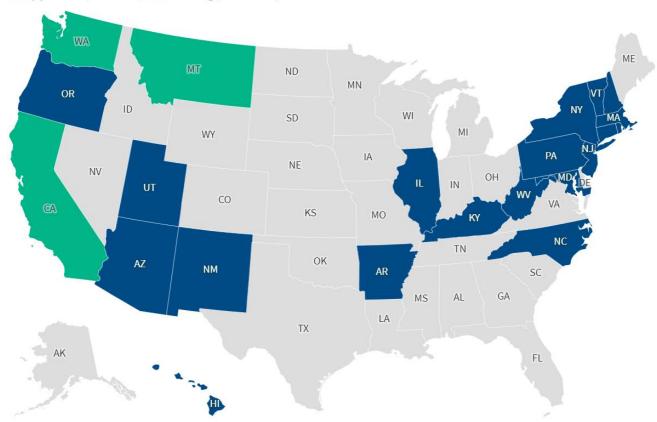
American Lung Association

## **1115 Reentry Waivers Progress**

Section 1115 Waivers Requesting Waiver of Inmate Exclusion Policy, as of April

16, 2024

Approved (3 states) Pending (19 states)



KFF

### **Issue Brief**



#### American THE UNITED STATES JUSTICE-INVOLVED Lung POPULATION & TOBACCO USE Association.

**Notes to Reader:** References to tobacco in this issue brief refer to commercial tobacco and not the sacred and traditional tobacco that may be used for ceremonial or medicinal purposes by some Tribal communities. **For definitions of key terms, please refer to the glossary on page nine.** 

This issue brief was developed to highlight challenges that impact the justice-involved population's access to tobacco cessation treatments and outline options to address some of those challenges. It has been updated to include recent guidance from the Centers for Medicare and Medicaid Services (CMS) and new policies passed as part of the 2024 Consolidated Appropriations Act. Both give states new opportunities to improve access to care and tobacco cessation coverage. The following topics will be covered:

- An overview of health inequities experienced by the justice-involved population, as they
  relate to tobacco use and smoking in particular.
- A brief background on tobacco cessation treatment and access to healthcare in U.S. correctional facilities.
- Opportunities for states to increase access to tobacco use treatment and improve healthcare for the justice-involved population.

American Lung Association

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### **Thank You**



### **Policy Engagement Activity**

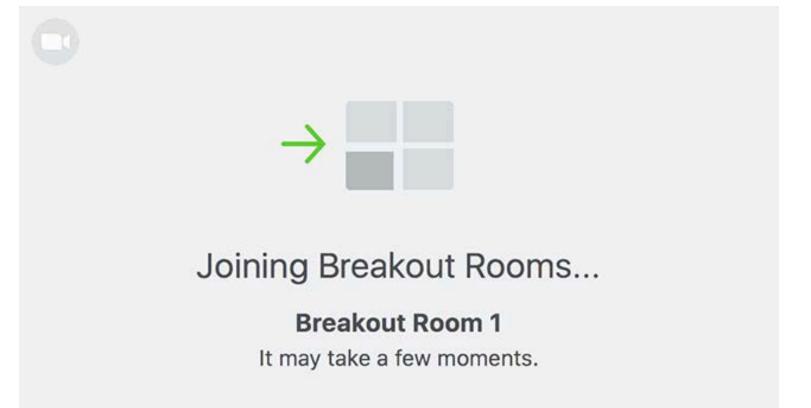
Introductions: name, title, organization

Engagement Questions:

- 1. In what capacity do you work or plan to work with justice-involved population during reentry?
- 2. How does, or would, healthcare coverage for tobacco cessation treatment during the reentry period impact your work with the justice-involved population?
  - a. How does, or will, suspension, rather than termination, of healthcare coverage during incarceration impact this work?
  - b. How would improved data sharing between state Medicaid agencies and correctional facilities impact this work?
  - c. How will best practices guidance on Medicaid enrollment and renewal processes impact this work?



#### You will now be put into breakout rooms





for Tobacco & Cancer Control

### Welcome back!

Waterfall activity- lets discuss:

How would healthcare coverage for tobacco cessation treatment during the reentry period impact your work with the justice-involved population.

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#### Break Time!

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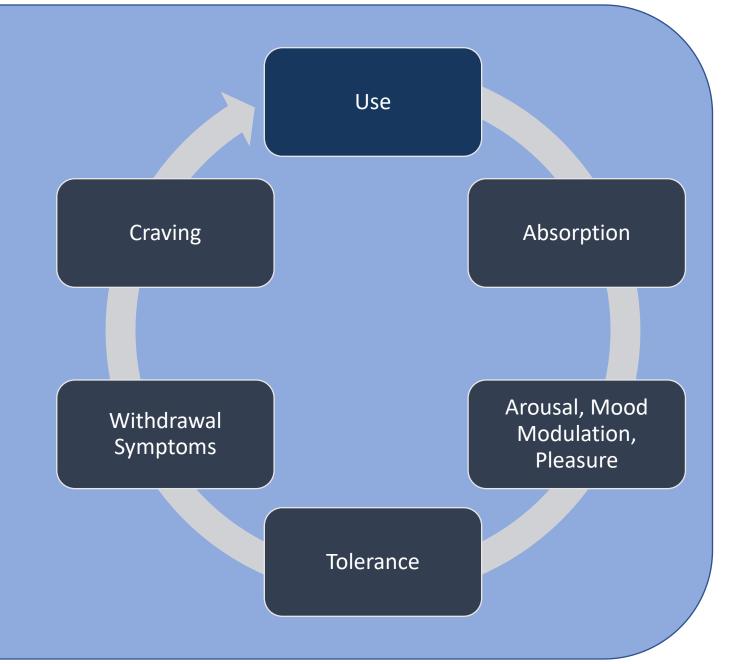
for Tobacco & Cancer Control





### Tobacco Use Treatment: A Standard of Care

- Stigma & Implicit Bias
- Discrimination
- Poverty & Homelessness
- Trauma
- Chronic Stress
- Psychological Distress
- Criminal Justice Involvement
- Environmental Exposure
- Industry Targeting
- Biology
- Access to Adequate Treatment



## Co-treatment is the only adequate solution

### FACING ADDICTION IN AMERICA

The Surgeon General's Report on Alcohol, Drugs, and Health

U.S. Department of Health & Human Services



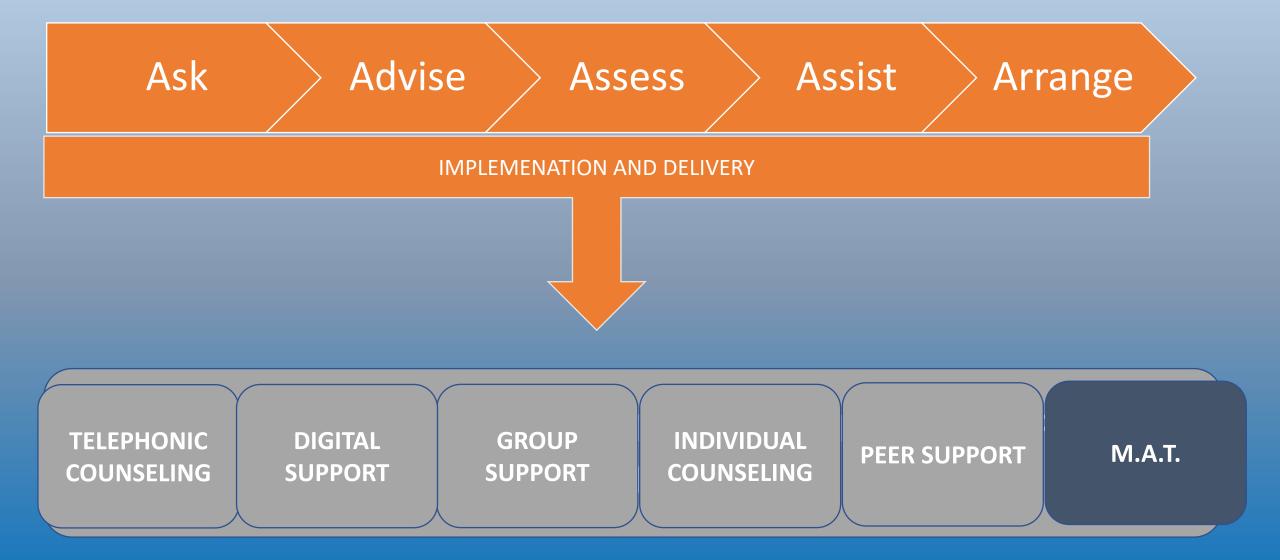
## Motivational Interviewing in Justice Settings

### Partnership

### Acceptance

### Compassion

### Empowerment





### **Medication Assisted Treatment**

- Combination of behavioral interventions and medications
- Highly effective treatment option for alcohol, opioid, or tobacco dependence
- Reduces illicit drug use and overdose deaths



### **Cross-Cutting Interventions**

#### Motivational Enhancement

Cognitive Behavioral Therapy and Variants

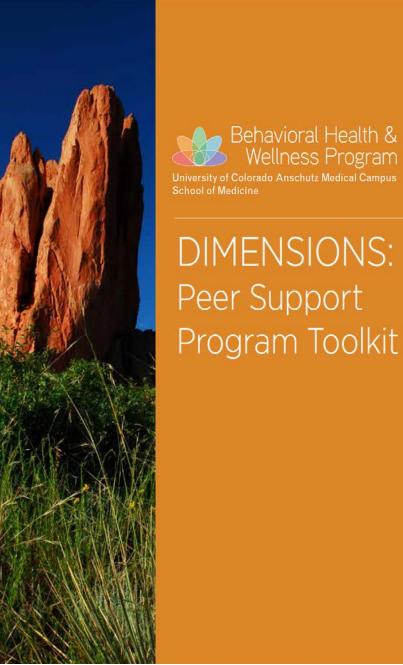
#### Contingency Management





### Peer Support

A peer provider is a person who uses his or her lived experience, plus skills learned in formal training, to deliver services in health and public health settings to promote mind-body recovery and resiliency.



Behavioral Health & Wellness Program of Colorado Anschutz Medical Campus

**DIMENSIONS:** Peer Support

Behavioral Health & Wellness Program

http://www.bhwellness.org/resources/toolkits/

## Principles of Trauma-Informed Care

- Safety
- Trustworthiness & Transparency
- Peer Support
- Collaboration & Mutuality
- Empowerment, Voice & Choice
- Cultural, Historical & Gender Issues



SAMHSA

Behavioral Health & Wellness Program

### DIMENSIONS: Tobacco Free Advanced Techniques Program

- 6-session curriculum
- Open or closed structure
- Provider or peer led
- Individuals or groups



### Nicotine-Free Policy Philosophy

Establishing nicotine-free policies and tobacco treatment services are essential components in offering health care services

#### **REPORT TO CONGRESS**

Health Care Transitions for Individuals Returning to the Community from a Public Institution: Promising Practices Identified by the Medicaid Reentry Stakeholder Group

A Report to Congress Required by Section 5032 of the Substance Use-Disorder Prevention that Promotes Opioid Recovery and Treatment for Patients and Communities Act (SUPPORT Act; Pub.L. 115-271)

U.S. Department of Health and Human Services Office of the Assistant Secretary for Planning and Evaluation

#### January 2023

### Institution and Community-Based Promising Practices

- 1. Universal screening for SUD during intake
- 2. Provision of SUD treatment medication and Cognitive Behavioral Therapy
- 3. In reach care coordination and discharge planning
- 30-day supply of all prescription medication provided to beneficially upon release from correctional facility
- 5. Transitions Clinic Network
- 6. Peer support specialist

### Sequential Intercept Model



#### https://www.samhsa.gov/criminal-juvenile-justice/sim-overview

The Person-Centered Health Neighborhood



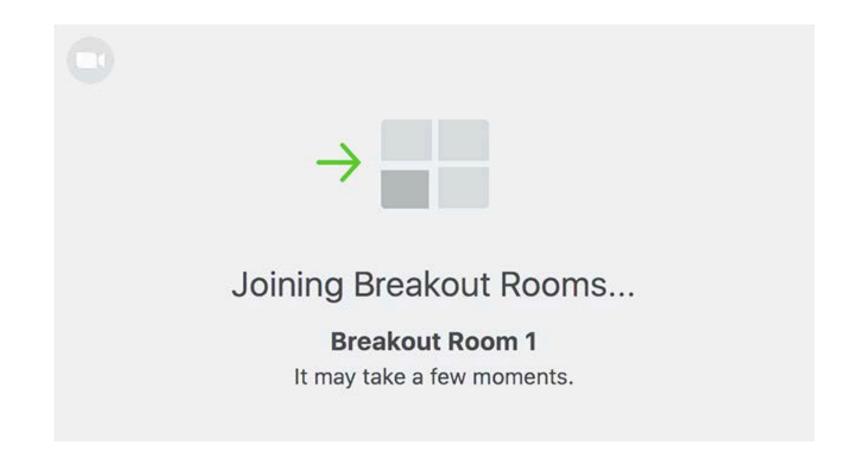


### **Treatment Engagement Activity**

- Introductions: Who are you, what setting do you work in?
- Partnership "round robin":
  - What criminal justice relationships could you start building or strengthen?
  - What motivates or might motivate this setting to provide nicotine use services?
  - What resources can you and your agency bring to this partnership?
- o Identify a group recorder/reporter
  - Together decide an example to highlight.
  - Together decide what a next realistic step is toward further building this relationship



#### You will now be put into breakout rooms



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### Welcome back!

Waterfall activity- lets discuss:

Have either each group reporter or all participants use chat to share what setting they focused on and what resources they bring to an ongoing or potential partnership

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#### Questions?



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#### **Thank You for Joining Us!**

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A recording of this presentation and a copy of the slide deck will be sent to all participants in an email, and posted to our website, within 48 hours after the event.

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# Please take a moment to fill out our session survey!



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